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$$f(x) = -3x^2 + x - 1$$

$$\begin{aligned} f(x+h) &= -3(x+h)^2 + (x+h) - 1 = \\ &= -3(x^2 + 2xh + h^2) + (x+h) - 1 = \\ &= -3x^2 - 6xh - 3h^2 + x + h - 1 = \end{aligned}$$

$$\begin{aligned} \text{Then } \frac{f(x+h) - f(x)}{h} &= \frac{-3x^2 - 6xh - 3h^2 + x + h - 1 - (-3x^2 + x - 1)}{h} = \\ &= \frac{-3x^2 - 6xh - 3h^2 + x + h - 1 + 3x^2 - x + 1}{h} = \\ &= \frac{-6xh - 3h^2 + h}{h} = -6x - 3h + 1, \quad h \neq 0 \end{aligned}$$

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$$f(x) = \frac{1}{2x}$$

$$f(x+h) = \frac{1}{2(x+h)}, \text{ then}$$

$$\begin{aligned} \frac{f(x+h) - f(x)}{h} &= \frac{\frac{1}{2(x+h)} - \frac{1}{2x}}{h} = \frac{\frac{x}{2x(x+h)} - \frac{1}{2x(x+h)}}{h} \\ &\quad \text{LCD} = 2x(x+h) \end{aligned}$$

$$\begin{aligned} \frac{\frac{x - (x+h)}{2x(x+h)}}{h} &= \frac{-h}{2x(x+h)} = -\frac{1}{2x(x+h)} \cdot \frac{1}{h} = -\frac{1}{2x(x+h)} \quad h \neq 0 \end{aligned}$$